

## PELZER UNITED ADULT SOCCER LEAGUE

Below are the rules of play for the Adult and Coed 7v7 Soccer League

- 7v7 including the goalkeeper (Each team must have at least 2 female player) with a minimum of 7 players and a maximum of 15 players
- 25 minutes per half (5 minutes half Game)
- No slide tackles. If you make a slide tackle: 1st tackle will be a yellow card then a 2nd slide tackle by the same player will warrant a 2nd yellow card, thus a red card.
- All defending players must stand 5 yards from the ball for any restart of play.
- No offside.
- Throw-ins may also be kicked in.
- Unlimited interchange. [It has to be dead ball before subbing in]
- Regulation Goals
- All free kicks are indirect [Except: kickoff, corner kicks, penalty kicks]
- A restart from a goal kick (by a Goalkeeper or Field Player) must not cross the half way line on the full. If the ball lands in the opposition half, a free kick will be awarded to the opposing team from the half way line.
- The Goalkeeper must not throw or kick from his/her hands over the half way line on the full. If the ball lands in the opposition half, an indirect free kick will be awarded to the opposing team from the half way line.
- A team sanctioned with a forfeit is considered to have lost the match by a result of 3-0.